University of Colorado School of Medicine - Department of Emergency Medicine Wilderness & Environmental Medicine Section Colorado Pre-Med August 2019 Program August 5 - 16, 2019 Education Building 2 South, Room 2201

Monday, August 5: Arrival and Orientation

- 4:30-5 PM Introductions, Dr. Miner
- 5-5:30 PM Shadowing Orientation, Ms. Rickfels
- 5:30-6 PM Dinner
- 6-7:30 PM Program Orientation, Overview Dr.Miner

Tuesday, August 6

- 9-9:45 AM ED Tour (meet lobby Inpatient 1 Pavilion)
- 10-11 AM Emergency Medicine Lecture, Dr. Reno
- 11 AM-12 PM Suturing Lab
- 11 AM-12 PM Ortho Lab, Dr. Miner (½ class)
- 12 PM-1 PM Suturing Lab
- 12 PM-1 PM Ortho Lab, Dr. Miner (½ class)
- 1-1:30 PM Lunch
- 1:30-2:30 PM Cardiac Anatomy & Chest Cases, Dr. Reno (1/2 class)
- 2:30-4:30 PM Cardiac Dissection
- 4:30-5:30 PM Othro (continued), Dr. Miner
- 6:30-9 PM CPR Training Mr. Andrews

Wednesday, August 7

- 9-10 AM Medical Admission Lecture Director Goodwin
- 10-11 AM How to Interview Dr. Druck
- 11 AM- 12 PM Abdominal Issues Dr. Reno
- Noon 12:30 PM Lunch
- 12:30 2:30 PM Ultrasound Lab
- 3-4:30 PM Wounds and Wound Care
- 4:30-5:30 PM Patient Movement
- 6:30-9 PM CPR Training Mr. Andrews

Thursday, August 8

- 9-11AM Assessment, Dr. Miner
- 11-12 PM Career Panel
- 12-1 PM Lunch
- 1-2:30 PM Personal Statement Lecture + Q & A, Dr. Gray
- 2:30-3:30 Pediatric Lecture, Dr. Woods
- 3:30-6 PM Spine and Head Issues, Dr. Miner

Friday, August 9

- 9-10 AM Cold & Heat Illnesses, Dr. Lane
- 10-11 AM Lightning, Dr. Miner
- 11 AM-12 PM Cardiac and Shock, Dr. Lane
- 12-1 PM Lunch
- 1-2 PM Chairman Lecture, Dr. Zane
- 2-3:30 PM Spine and Head Issues Continued

- 3:30-4 PM Camp Overview, Dr. Miner
- 4-6 PM Scenario Introduction and Scenarios

Saturday, August 10

- 8:30-9:30 Respiratory Issues
- 9:30-10:30 Altitude, Dr. Lane
- 10:30-1 Scenarios
- 1 Lunch

Sunday, August 11

- 10-12:30 PM Scenarios
- 12:30 PM-1 PM Lunch
- 1 PM-2:30 PM Bus to Camp
- 2:30-3:30 Settle in
- 3:30-5:00 Bites and Stings, Dr. Miner
- 5-6 PM Lightning Dr. Miner
- 6 PM Dinner

Monday, August 12

- 8 AM Breakfast
- 9-10:30 AM Survival, Dr. Miner
- 10:30 AM-12 PM Scenarios
- 12-1 PM Lunch
- 1-4 PM Scenarios
- 4-6 PM Food and Gear Issue
- 6:00 PM Dinner
- 7-8 PM Make-up (if necessary)

Tuesday, August 13

- 7:30 AM Breakfast
- 8:30-9:30 AM Backpack Basics
- 10 AM-12 PM Backpack
- 12:00 12:30 Lunch
- 12:30 1:30 Campcraft
- 1:30-3:30 Litters & Carries
- 3:30 5:30 PM Scenarios

Wednesday, August 14

- 7 AM Breakfast
- 8-10 AM Rock Climb
- 10-11 AM SAR
- 11-12 PM Water Treatment
- 12-1 PM Lunch
- 1-5 PM Scenarios

Thursday, August 15

- 8 AM Breakfast
- 9 AM-12 PM Scenarios

- 12-1 PM Lunch & Camp Clean-up
 1-2 PM Backpack back to Lodge
 2-3 PM Gear clean-up
- 5-5:30 PM Final Preview
- 5:30 6:30 PM Final
- 6:30 7 PM Final Review
- 7 PM Dinner
- 8-9:30 PM Graduation

Friday, August 16

- 6:30-7:30 AM Lodge Clean-up
- 7:30-8:30 Breakfast
- 8:30-10 AM Shuttle to Airport
- 10-10:30 AM Shuttle to Hotel