

Channel Island Spring Break Pre-Med Program
March 23 – March 30, 2019

SCHEDULE

Very subject to change due to learning progression, weather, conditions, etc.

Day One - March 23

Meet by 1 pm at Motel 6, Ventura Beach, 2145 East Harbor Blvd.
SAR with Ventura County Sheriff's Office (location TBA)
Introductions and Orientation
Spend night at Hotel or other Ventura area accommodations

Day Two – March 24

Meet at ferry dock 7:00 am
Ferry to Santa Rosa Island
Settle in to dorms
Classes
 Intro to Emergency Medicine
 Intro to Wilderness Medicine

Day Three – March 25

Tide pooling – low tide 8 am
Classes
 Assessment Review
 Leadership
 Patient Movement
 Drowning
Hike
Musculoskeletal
 Splinting
 Dislocations and reductions
CPR (optional)

Day Four – March 26

Classes
 Heat Issues
 Cold Issues
 Scenarios
 Altitude
 Getting Into Med School (or PA or Nursing School)
CPR (optional)

Day Five – March 27

Classes
 Wounds and Shock Review
 Wound Treatment
 Head Injuries Review (Case study)

Non-trauma Altered Mental Status (STOPEATS)

Spinal Issues

Litters & Carries

Scenarios

Suture Lab

Hike

Personal Statements & Med School Admissions

Day Six - March 28

Classes

Water Treatment

Infectious Diseases

Bites & Stings

Scenarios

Physician Life Styles

Day Seven - March 29

Classes

Survival

Lightning

Make-up

Scenarios

Hike or Tide Pooling (low tide 1:15 pm)

Final Written Exam

Day Eight - March 30

Final Scenario(s)

Pack-up and cleaning

Tide pooling or hikes

Arrive at the pier at 2:00 pm for ferry back to mainland, back by 6 pm