Day One - 12/15: Saturday - Student Arrival and Travel to Hacienda Baru
11 am - 1 pm  Arrive San Jose International Airport
1-5 pm  Drive to Hacienda Baru
5-5:30 pm  Get Settled in Cabins
5:30-6:30 pm  Dinner
6:30-8 pm  Program Orientation, Overview, Paperwork, Introductions
8-9 pm  Optional Night Hike

Day Two - 12/16: Sunday – Emergency Medicine Basics
8-9 am  Breakfast
9-10 am  Introduction to Emergency Medicine
10-11 am  How to Take a History
11-12 noon  Practice Histories
12-1 pm  Lunch
3-4 pm  Drowning
4-6 pm  Leadership and Primary/Secondary Surveys
6-7 pm  Dinner
7-8 pm  Introduction to Wilderness Medicine
8-9 pm  Optional Night Hike

Day Three – 12/17: Monday - Traumatic Disease
6-9 am  Natural History Tour
10-11 am  Trauma: Head and C spine Injuries
11-12 noon  Lab – Improvised C spine stabilization
12-1 pm  Lunch
3-4 pm  Trauma: Extremities, Sprains, Dislocations, Strains
4-6 pm  Splinting Lab
6-7 pm  Dinner
7-8:30 pm  Respiration, Chest Trauma, and Cardiac Issues
8:30-9:30 pm  Optional Night Hike
Day Four - 12/18 Tuesday - Traumatic Disease Continued and Medicine as a Career
6-9 am    Tree Top Canopy Tour and Zip Line
10-10:30 am Wounds and Burns
10:30-Noon Lab – Hemorrhage Control, Wound Cleaning, Suturing
Noon-1 pm   Lunch
2-4 pm  **Health Profession Careers**
        What Medical Schools Look For
        Resumes and Gaining Experience
        Interviewing
        Physician Lifestyles
        Looking Beyond the MD
4-5   Intro to Scenarios
6-7 pm Dinner
7-9 pm Optional Night Hike

Day Five - 12/19: Wednesday – Basic Medical Issues
9-10 am  Altered Mental Status
10-10:45 am Water Treatment
10:45-12 noon Scenarios
12-1 pm  Lunch
4-6 pm  Scenarios
7-8 pm  Abdominal Pain
8:30-9 pm Optional Night Hike

Day Six – 12/20: Thursday – Global Health
9 am-3 pm  Morning Free
3-4 pm  Tropical and Travel Medicine
4-6 pm  Scenarios
6-7 pm  Dinner
7-10 pm  CPR

Day Seven - 12/21: Saturday – Whitewater Rafting and Scenarios
8-9 am  Drive to Put-In
9-10 am Whitewater Safety and Rescue
10-2 pm  Whitewater Rafting, Lunch, & Scenarios
3-4 pm  Drive Back to Hacienda Baru
6-7 pm  Dinner
7-8 pm  Lightning
8-9 pm Optional Night Hike

Day Eight – 12/22: Saturday- Wilderness Medicine Continued
9-10 am  Altitude
10-11 am  Bites and Stings
11-12 noon  Jungle survival
12-1 pm  Lunch
1-3 pm  Final Scenario
3-3:30 pm  Final review
3:30-4:30 pm  Final
6-7 pm  Dinner
7-9 pm  Graduation

**Day Nine – 12/23 Sunday - Return Home**
8-12 noon  Bus Back to San Jose International Airport
2 pm & onward  Flights back home