This is a **SAMPLE SCHEDULE** for Colorado Pre-Med courses****

University of Colorado School of Medicine

Emergency & Wilderness Medicine Pre-Med Program

*Subject to change due to academic progress, weather, and/or conditions*

**General Classroom:** ________________

**Day 1: Arrival and Orientation**

- **4:00 pm** Shuttle to Anschutz Medical Campus, Building 500
- **4:30-7:00 pm** Welcome Orientation at Anschutz Medical Campus

**Day 2: - Emergency Medicine Basics**

- **7:30 am** Shuttle to Anschutz Medical Campus, entrance to In-patient Pavilion I
- **8-9 am** Tour of ED
- **9:30-10:30 am** Introduction to Emergency Medicine
- **10:30-12 noon** Assessment
- **12-1 pm** Lunch
- **1-1:30 pm** Leadership
- **1:30-3:30 pm** Patient Movement
- **3:30-5 pm** Wilderness Medicine
- **5 pm** Shuttle, Bldg 500 to hotel

**Day 3: EMS Skills**

- **7:30 am** Shuttle to Anschutz Medical Campus, Building 500
- **8-9:30 am** EMS and Triage
- **10-11:30 am** Cardiac and Respiratory Illnesses
- **11:30-12:30 am** Lunch
- **12:30-3:30 pm** Hemorrhage Control, Wound Cleaning, & Suturing
- **3:30-5 pm** Travel & Tropical Medicine
- **5 pm** Shuttle, Bldg 500 to hotel
  - **5:30 pm** **CPR instruction and certification (half the class)**
- **8 pm** Shuttle, Bldg 500 to hotel

**Day 4: Trauma**

- **7:30 am** Shuttle to Anschutz Medical Campus, Building 500
- **8-9:00 am** Cardiac Trauma
- **9-10:30 am** Head and Neck Injuries
- **10:30-11 am** Scenario Overview and Example
- **11-12 noon** Scenarios
- **12-1 pm** Lunch
- **1-2 pm** Abdominal Trauma
- **2-4 pm** Orthopedic Trauma
- **4-5 pm** Scenarios
- **5 pm** Shuttle, Bldg 500 to hotel
Day 5: Medical Careers
7:30 am Shuttle to Anschutz Medical Campus, Building 500
8:30-10:00 am How to Get Into Medical School with Admissions Staff
10-11 am Personal Statement Writing/Brainstorming
11-12 noon Career Panel
12-1 pm Lunch
1-2:30 pm Career Panel with Sandy Fogel, Otis Mckay, etc.
3-4 pm How to Interview with Dr. Druck
4:30 pm Shuttle, Bldg 500 to hotel
5:30 pm CPR instruction and certification (half the class)
8 pm Shuttle, Bldg 500 to hotel

Day 6: Basic Medicine
7:30 am Shuttle to Anschutz Medical Campus, Building 500
8:30-10:30 am Ultrasound lab with Dr. Browne
10:30-12 noon Scenarios
12-1 pm Lunch
1-3 pm Heart Dissection
3-4 pm Scenarios
4-5 pm Camp preview
5 pm Shuttle, Bldg 500 to hotel

Day 7: Wilderness Medicine
8:30 am Shuttle to Anschutz Medical Campus, Building 500
8:30-9:30 am Altitude
9:30-10:30 am Drowning
10:30-11:30 am Scenarios
11:30-12 Noon Lunch
12-2pm Med Wars
2 pm Shuttle, Bldg 500 to hotel

Day 8: Travel and Wilderness Medicine
9 am Depart hotel for AO Camp
9-10:30 am Bus Ride to AO Camp
10:30-12 noon Settle into Camp; Free time
12-1 pm Lunch
1-4 pm Classes (TBD)
6-7 pm Dinner
7-8 Class (TBD)