

******This is a SAMPLE SCHEDULE for
Colorado Pre-Med courses******

**University of Colorado School of Medicine
Emergency & Wilderness Medicine Pre-Med Program**

Subject to change due to academic progress, weather, and/or conditions

General Classroom: _____

Day 1: Arrival and Orientation

4:00 pm Shuttle to Anschutz Medical Campus, Building 500
4:30-7:00 pm Welcome Orientation at Anschutz Medical Campus

Day 2: - Emergency Medicine Basics

7:30 am Shuttle to Anschutz Medical Campus, entrance to In-patient Pavilion I
8-9 am Tour of ED
9:30-10:30 am Introduction to Emergency Medicine
10:30-12 noon Assessment
12-1 pm Lunch
1-1:30 pm Leadership
1:30-3:30 pm Patient Movement
3:30-5 pm Wilderness Medicine
5 pm Shuttle, Bldg 500 to hotel

Day 3: EMS Skills

7:30 am Shuttle to Anschutz Medical Campus, Building 500
8-9:30 am EMS and Triage
10-11:30 Cardiac and Respiratory Illnesses
11:30-12:30 Lunch
12:30-3:30 pm Hemorrhage Control, Wound Cleaning, & Suturing
3:30-5 pm Travel & Tropical Medicine
5 pm Shuttle, Bldg 500 to hotel
5:30 pm ***CPR instruction and certification (half the class)***
8 pm Shuttle, Bldg 500 to hotel

Day 4: Trauma

7:30 am Shuttle to Anschutz Medical Campus, Building 500
8-9:00 am Cardiac Trauma
9-10:30 am Head and Neck Injuries
10:30-11 Scenario Overview and Example
11-12 noon Scenarios
12-1 pm Lunch
1-2 pm Abdominal Trauma
2-4 pm Orthopedic Trauma
4-5 pm Scenarios
5 pm Shuttle, Bldg 500 to hotel

5:30 pm **CPR instruction and certification (half the class)**
8 pm Shuttle, Bldg 500 to hotel

Day 5: Medical Careers

7:30 am Shuttle to Anschutz Medical Campus, Building 500
8:30-10:00 am How to Get Into Medical School with Admissions Staff
10-11 am Personal Statement Writing/Brainstorming
11-12 noon Career Panel
12-1 pm Lunch
1-2:30 pm Career Panel with Sandy Fogel, Otis Mckay, etc.
3-4 pm How to Interview with Dr. Druck
4:30 pm Shuttle, Bldg 500 to hotel
5:30 pm **CPR instruction and certification (half the class)**
8 pm Shuttle, Bldg 500 to hotel

Day 6: Basic Medicine

7:30 am Shuttle to Anschutz Medical Campus, Building 500
8:30-10:30 am Ultrasound lab with Dr. Browne
10:30-12 noon Scenarios
12-1 pm Lunch
1-3 pm Heart Dissection
3-4 pm Scenarios
4-5 pm Camp preview
5 pm Shuttle, Bldg 500 to hotel

Day 7: Wilderness Medicine

8:30 am Shuttle to Anschutz Medical Campus, Building 500
8:30-9:30am Altitude
9:30-10:30 am Drowning
10:30-11:30 am Scenarios
11:30-12 Noon Lunch
12-2pm Med Wars
2 pm Shuttle, Bldg 500 to hotel

Day 8: Travel and Wilderness Medicine

9 am Depart hotel for AO Camp
9-10:30 am Bus Ride to AO Camp
10:30-12 noon Settle into Camp; Free time
12-1 pm Lunch
1-4 pm Classes (TBD)
6-7 pm Dinner
7-8 Class (TBD)