University of Colorado School of Medicine - Department of Emergency Medicine Wilderness & Environmental Medicine Section

Colorado Pre-Med January 2019 Program January 2 - 13, 2019 Education Building 2 South, Room 2201

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Wednesday January 2: Arrival and Orientation

- 4:00 PM Shuttle to Anschutz Medical Campus and Classroom
- 4:30 5:00 PM Introductions Dr. Miner
- 5:00 5:30 PM Shadowing Orientation with Jenny Rickfels
- 5:30 7:30 PM Program Orientation, Overview, and Dinner Dr.Miner

Thursday, January 3rd

- 8:30 AM Shuttle to Anschutz Medical Campus and Classroom
- 9 10 AM ED Tour
- 10 11 AM Intro to Emergency Medicine
- 11 AM 12:00 PM Medical Admission Lecture, Director Goodwin
- 12:00 1:00 PM Lunch
- 1:00 2:30 PM Personal Statement and Q & A with Dr. Gray
- 2:30 -4:15- Primary Assessment Dr. Miner
- 4:15 5:30 PM Intro to Wilderness Medicine Dr. Miner
- 5:30 PM Shuttle to Hotel, ½ class
- 6:30 9:00 PM CPR Training, ½ half class Mr. Andrews

Friday, January 4th

- 8:30 AM Shuttle to Anschutz Medical Campus
- 9:00 10:30 AM Career Panel
- 10:30-12 Noon Patient Movement Dr. Miner
- 12:00 1:00 PM Lunch
- 1:00 2:00 PM Spinal Immobilization Dr. Miner
- 2:00 3:30 PM Orthopedics and Splinting Lab Dr. Miner
- 3:30 4:30 PM Leadership, Intro to Scenarios, Scenario Example Dr. Miner
- 4:30 5:30 PM Scenarios Dr. Miner
- 5:30 PM Shuttle to Hotel, ½ class
- 6:30 9:00 PM CPR Training, ½ half class Glen Andrews

Saturday, January 5th

- 8:30 AM Shuttle to Anschutz Medical Campus
- 8:30 10:30 AM Wounds and Wound Care Dr. Miner
- 10:30 12 Noon Head Injuries and LOC
- 12:00 1:00 PM Lunch
- 1:00 2:00 PM Cardiac Issues and Shock
- 2:00 4:30 PM Scenarios Dr. Miner
- 4:30 5:30 PM Heat & Heat Related Illnesses Dr. Miner
- 5:30 6:00 PM Camp Preview

Sunday, January 6th

- 9:30 AM Shuttle to Anschutz Medical Campus
- 10:00 11:00 AM Altitude
- 11:00 12 Noon Cold Injuries Dr. Miner
- 12:00 1:00 PM Lunch
- 1:00 2:30 PM Abdominal Issues
- 2:30 3:30 PM Respiratory Issues
- 3:30 6:00 PM Scenarios Dr. Miner

Monday, January 7th

- 8:30 AM Shuttle to Anschutz Medical Campus
- 9:00 AM 10:00 AM Scenarios Dr. Miner
- 10 AM 12 PM Ultrasound Lab
- 12:00 1:00 PM Lunch
- 1:00 2:00 PM Infectious Diseases Drs. Reno or Miner
- 2:00 3:00 PM Pediatric Wilderness Medicine Dr. Jason Woods
- 3:00 6:00 PM Scenarios Dr. Miner

Tuesday, January 8th

- 8:30 AM Shuttle to Anschutz Medical Campus
- 9:00 10:00 AM Chairman Lecture Dr. Zane
- 10:00 11:00 AM Suturing Lab (½ class) Drs. Lemery & Reno)
- 10:00 11:00 AM Scenarios (½ class) Dr. Miner
- 11:00 12:00 Noon Suturing Lab (½ class) Drs. Lemery & Reno)
- 11:00 12:00 Noon Scenarios (1/2 class) Dr. Miner
- 12:00 -12:30 PM Lunch
- 12:30 1:00 PM Cardiac Anatomy Lecture Dr Reno
- 1- 2:30 PM Cardiac Dissect Lab, ½ class
- 1:00 2:30 PM Scenarios, ½ class Dr. Miner
- 2:30-4 PM Cardiac Dissect Lab, ½ class
- 2:30 4:00 PM Scenarios, ½ class Dr. Miner
- 4:00 5:00 PM How to Interview Dr. Druck
- 5:00 6:00 PM Lightning Dr. Miner

Wednesday, January 9th

- 9:30 AM Buff Bus Pick Up to Camp Granite Lake
- 11:00 AM 12:00 Noon Get settled in Lodge
- 12:00 1:00 PM Lunch
- 1:00 4:00 PM Snow Shelters and Snowshoe/Hike
- 5:00 6:00 PM Drowning
- 6:00 7:00 PM Dinner

Thursday, January 10th

- 9:00 10:00 AM Water Treatment
- 10:00 12:00 Noon Scenarios
- 12:00 1:00 PM Lunch
- 1:00 3:00 PM Scenarios

- 4:30 6:00 PM Survival
- 6:00 7:00 PM Dinner

Friday, January 11th

- 8:00 9:30 AM Bites & Stings
- 9:30 12 Noon Scenarios
- 12:00 1:00 PM Lunch
- 1:00 3:00 PM Scenarios
- 4:30 6:00 PM SAR
- 6:00 7:00 PM Dinner

Saturday, January 12th

- 9:00 12 Noon Scenarios
- 12:00 1:00 PM Lunch
- 1:00 3:30 PM Final Scenario
- 4:30 5:15 PM Final Preview
- 5:15 6:00 PM Final
- 6:00 6:30 PM Final Review
- 6:30 7:30 PM Dinner
- 7:30 9:30 PM Graduation

Sunday, January 13th

- 6:30 7:30 AM Lodge Clean-up
- 7:30 8:30 Breakfast
- 8:30 10:00 AM Shuttle to Airport
- 10:00 10:30 Shuttle to Hotel