



# PRME

PATAGONIA REMOTE MEDICINE  
EXPEDITION





Patagonia Remote Medicine Expedition is an exciting experience offered through the section of Wilderness & Environmental Medicine of the Emergency Department at University of Colorado School of Medicine.

It is designed to train health care professionals in the treatment of injuries in austere environments and incorporate essential skills to safely navigate the backcountry terrain.

This experience provides a rich and dynamic collaboration with established providers based in Patagonia (SAR, Remote hospitals, Pre-Hospital transport, etc.) allowing a unique cultural and knowledge exchange between the locals and the participants of this course.

Knowledgeable instructors of the University of Colorado and technical local guides will join us to allow you to experience the stunning natural backdrop of Patagonia.

On this journey there will be long days out, some degree of physical challenge and a careful push over the boundaries of your comfort zone (with a welcoming remote Hut waiting for you) this is a terrain learning experience for those who desire to treat, teach or lead in remote and resource limited settings.

# 2018 QUICK FACTS

**Dates:** March 4<sup>th</sup>-13<sup>th</sup> 2018

**Location:** Bariloche, Patagonia' Argentina

**Brief Description:**

9 Days professionally guided terrain expedition in amazing Patagonia, Hut to hut (means no food or camping gear in your back), crossing glaciers, reviewing of wilderness medicine topics along the way (why learn in a classroom when you can learn outside?) and a cultural and knowledge exchange with local health care providers (you can search around, but you will not find something alike...)

Learn More in  or our [WEBSITE](#)

## **Itinerary**

**Day 1, March 4th:** Arrive to Bariloche, Argentina. Faculty and Staff

Introduction

**Day 2 – 4:** Mountaineering in Mount Tronador

**Day 5- 6:** Rock Skills

**Day 7:** Collaboration with Local SAR teams

**Day 8:** Rest Day

**Day 9:** White water rafting workshop (Class III)

**Day 10, March 13th:** Departure

## **For Whom?**

Everyone with interest in wilderness and global Medicine, above 21 year's old, craving to be outside, eager to learn to be self-sufficient in the mountains.

With a reasonable level of fitness, hiking upslope with a 30 pound pack (no need to be ironman) or amenable to sweat a bit for a mountaineering objective.

Anyone who cares about improving how medical care is delivered to communities in less resourceful countries.

**Requirements:** You need to send proof of employment/ enrollment in a health care institution (med school, hospital affiliation, search and rescue group, residency program, fire department, etc). Other applications will be reviewed and will need to be approved in a case by case basis.



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*Course Director*

**Martin Musi,  
M.D, FAWM**

Assistant Professor Emergency  
Medicine  
University of Colorado-SOM

Dr. Musi was raised in Argentina  
and gained part of his medical  
training and mountaineering  
experience in Patagonia.

After emigrating to US and  
completing his emergency  
medicine training, he has been  
deeply involved with residency,  
medical student and Wilderness  
Medicine Education throughout  
his career.



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*Technical Director*

**Luciano Fiorenza,  
IFMGA - UIAGM**

He has an extensive resume with guided  
climbs and first ascents all across the  
Globe and an impressive educational  
experience in Mountaineering technical  
courses. He was the first guide to achieve  
the summit of Fitz Roy in a commercial  
expedition!



# PICS AND COMMENTS



*“What did I learn? Rope knots, basic ice climbing, crampon use, rope team strategy for glacier traverse (mountaineering skills) and medical conditions encounter in these environments.*

*Learned the importance of packing light and what items are actually essentials vs. luxuries. How to appropriately layer clothing for alpine weather”*



*“Wilderness medicine employs far more technical skills than I previously appreciated. It goes well beyond knowing medically what is wrong with a patient, and requires the skills and knowledge to not only reach the patient but successfully and safely get them to more definitive medical care. I also learned about risk assessment and common causes of wilderness accidents, various high altitude illnesses, and tourniquet best practices”*



*“How was the food?”*

*AMAZING!*

*Did not expect to have this quality of food in the mountains*

*Excellent*

*Almost too good for a mountaineering trip!*





*“I felt safe knowing we had experienced and capable guides”*



*“One of my favorite parts of the trip was to work with the local health care providers. I learned a lot by talking with them about their experiences and also felt that the scenario was extremely educational. It would have been nice to have more time with them because I know I would have been able to learn more”*

*“I learned they have a very tough job, and that they are dedicated. They are wonderful people giving their time to a great cause. Definitely a great partnership”*





**Price: 2350 USD**

CME (pending approval) for additional cost

Registration: [I am Going to Patagonia](#)

**Full payment 30 days after preregistration is completed**

**Included:**

- Guiding Service
- Food, supplies, and group gear for all days in the field
- Hut Lodging/permit fees
- Hotel lodging in Town
- Ground transportation from Lodging
- Final celebratory dinner

**Not Included:**

- Flights
- Reciprocity Fee to Access Argentina
- Transport from/to airport
- Alcoholic beverages
- Medical/evacuation insurance cost
- Personal Gear rentals



# LOOKING FOR FLIGHTS?



**Meet up City:** San Carlos de Bariloche, Rio Negro Province, Argentina.

**San Carlos de Bariloche**, usually known as **Bariloche**, is a city in the province of Río Negro, Argentina, situated in the foothills of the Andes on the southern shores of Nahuel Huapi Lake. It is located within the Nahuel Huapi National Park. The city is a major tourism center with ski, trekking and mountaineering facilities. In addition, it has numerous restaurants, cafés, and chocolate shops. The city has a permanent population of 108,205.

## Getting To Bariloche:

There are flights to Bariloche (BRC) from:

- Ministro Pistarini, Ezeiza (EZE). International Airport
- Aeroparque Jorge Newbery (AEP). Domestic Airport

Direct Flights from USA to Bariloche will depart from NYC and Miami with Layover in EZE (recommended flights without the hassle of changing airports)

**Important Notice: The 2 Airports are in Different locations, if you book a Flight from AEP, allow at least 4-5 hours of Layover to travel from the International Airport EZE to AEP and check in for your flight.**

**Buenos Aires is infamous for its Street Traffic.**

**We recommend purchasing travel cancellation insurance**