

## Sample AWLS Schedule

### Day 1

8:30 WELCOME

8:45 Patient assessment

9:15 Wound Management

10:15 BREAK

10:30 Medical kits

11:00 Medical problems

12:00 LUNCH

Outdoors:

1:00 Patient Assessment

1:30 Spine stabilization, moving injured patient

2:30 Splinting & dislocations

3:30 Litters and carries

5:00 FINISHED FOR THE DAY

### Day 2

8:30 Lightning

9:00 Hyperthermia, hypothermia, frostbite

10:00 BREAK

10:15 Dive medicine

11:00 BREAK

11:15 Animal and insect bites

12:15 LUNCH

Outdoors:

1:15 Infectious disease discussion groups

2:15 Hands on teaching – Victim scenarios

5:00 FINISHED FOR THE DAY

### Day 3

8:30 HEENTS

9:30 Altitude

10:00 BREAK

10:15 Water disinfection and hydration

10:45 Avalanches

11:15 Drowning

11:45 LUNCH

12:45 PM AWLS Practical Testing Scenarios

4:30 AWLS Written Exam

5:30 End of Course